



SAINT KENTIGERN

## Saint Kentigern College Parents and Friends Newsletter

### **NIGEL LATTA PRESENTS Adventures in Parenting - Surviving the Teens!**

*\*Some language may offend*

**TUESDAY 18th AUGUST  
7PM, CHAPEL**

We all want happy, healthy and confident children...but getting there is sometimes a bit of a challenge! While we might be the same humans we've always been for the last hundred years or so, the world itself has changed incredibly - especially in recent times! So how do we prepare our kids for living a good life in the modern age? In Nigel's usual entertaining and affable style, he will present to us a thought provoking view of things and will share his insights gained over a career that spans over twenty years and has taken him all over the world. He'll cover the parenting basics to sending your teens off into the future. Stress, depression and many other topics touched on as well.

This will be held in the Chapel of Saint Kentigern College and then there will be a brief mix and mingle with Nigel following the presentation, enjoying some wine and cheese in the Goodfellow Centre.

We are welcoming both the Saint Kentigern community and any other friends, family or neighbours that may be interested, so please extend the invitation.

If anyone would like to contribute to the evening, please bring a small donation for us to put towards our new initiative 'Food From The Heart'. Please see below for details about this new school charity.

**Please RSVP to Trish Heikoop at [skc\\_padmin@saintkentigern.com](mailto:skc_padmin@saintkentigern.com) so we are able to ensure enough seats and catering, however if you are not able to RSVP, it is also fine to just come along on the night.**

## Term 3 Parents & Friends EVENT CALENDAR

<b>Monday 10 August</b> 7.00pm Goodfellow Centre	P&F Information and Social Evening	Meet the new Principal, Russell Brooke, and hear an update from the Trust Board and Parents & Friends Committee
<b>Tuesday 18 August</b> 7.00-9.00pm Chapel	Guest Speaker Nigel Latta	Details above
<b>Thursday 13 August</b> 9.30am Sports Centre Lounge	Asian Parents Meeting	Agenda to be confirmed
<b>Monday 7 September</b> 7.00pm Goodfellow Centre	Parents & Friends AGM and Social Evening	

## OTHER NEWS

### FOOD FROM THE HEART

Saint Kentigern has long been known for its focus on service to the community. In term 3, 2020 the College along with Saint Kentigern Parents and Friends will be launching a new programme called 'Food from the Heart'. This has been running successfully at the Saint Kentigern Boys' and Saint Kentigern Girls' school now for over 5 years.

Food from the Heart is a voluntary programme whereby families can donate a meal or baking (which is freezable), to the school, where it will be stored and distributed to families from the Saint Kentigern College Community experiencing difficult circumstances.

Recyclable containers will be made available at each Chapel Service (or picked up at any time from the Goodfellow Centre). Once filled and frozen, it can be returned back to the Goodfellow Centre where it will be stored in a dedicated freezer. It will then be distributed along with other meals/baking to a family in need.

For more information please email Corinne Stilwell at [corinne.stilwell@gmail.com](mailto:corinne.stilwell@gmail.com). Also if you are aware of any families who would benefit from this service please email Duncan McQueen [duncan.mcqueen@saintkentigern.com](mailto:duncan.mcqueen@saintkentigern.com). Utmost confidentiality will be applied.



### Parents & Friends BUSINESS DIRECTORY

We are about to publish this – thanks to everyone who sent in their details.

This is the last week for submissions - Please contact [Margaret@safeship.co.nz](mailto:Margaret@safeship.co.nz) if you would like to be included

We will be updating this directory each term so don't stress if you missed out this time.

## SANITARIUM MACHINES IN SCHOOLS

Many of your kids may have mentioned that the new Sanitarium snack machines located in the Sports Centre. This is the Parents & Friends latest fundraising initiative, designed to provide healthy drinks and snacks to students throughout the day and outside the café opening hours. The machines are a huge hit so far and we are hoping to get a couple of others located in other areas around the College.



## FUNDRAISING

### Saint Kentigern Cook Books

Now only **\$15.00**

Order through [skc\\_padmin@saintkentigern.com](mailto:skc_padmin@saintkentigern.com)



### Entertainment Book

These are now available online through the following link:

<https://www.entertainmentbook.co.nz/subscription>

Remember to put in the Saint Kentigern College name at the end of your order 😊

