



July 2020

Dear Parents and Caregivers

Sexuality Education for Year 9 students

Your child will commence early in Term 3 the "Relationships" scheme of learning within their Health Education classes. Within this unit classes will cover pertinent material to stay safe. These topics, detailed below, form an important part of the New Zealand Physical Education and Health curriculum. In keeping with the Education Amendment Act (1985) we provide parents the following information and the opportunity to withdraw your child from the programme if you so choose.

What does the programme cover?

Firstly, the term 'sexuality', for our purposes, refers to anything that impacts upon the child because of their gender and their sexual development. The course will cover puberty and the knowledge and skills to make positive and healthy lifestyle choices. Additional topics also include cyber safety and bullying.

What are the purposes and objectives of the programme?

The main purpose is to provide students with knowledge to help them deal with issues that may confront them as they move through life.

- a) To expand the students' understanding of the biological workings of their bodies.
- b) To develop skills that will empower them to make appropriate decisions and value judgements about their lives with regard to sexuality issues.
- c) To delay the onset of sexual activity.
- d) To promote the ideal that when they choose to become sexually active, it is a well informed decision.
- e) To take a critical look at the messages being given to young people, particularly via the media, especially those that are misleading and potentially damaging.
- f) To expand students' understanding of key issues and be able to make well-informed appropriate decisions for their safety.

There are additional details available on the Health Curriculum OLE pages.

If you do not wish your child to take part in these lessons, you have the right to withdraw him/her by emailing Mr Ieti Fetalaiga, Head of Middle School Physical Education and Health by Friday 25 July. We will arrange for them to do study in the Goodfellow Centre during their timetabled Health lesson.

If you have any further questions regarding the programme, please email Ieti Fetalaiga on: ieti.fetalaiga@saintkentigern.com.

Yours sincerely

Paul Bennett
**HEAD OF DEPARTMENT
PHYSICAL EDUCATION & HEALTH**

Pat Baird
DEPUTY PRINCIPAL – CURRICULUM

COLLEGE

For Boys and Girls in Years 7-13
130 Pakuranga Road, Pakuranga 2010
PO Box 51060, Pakuranga, Auckland 2140
Phone +64 9 577 0749 Fax +64 9 577 0700

BOYS' SCHOOL

For Boys in Years 1-8
82 Shore Road, Remuera 1050
PO Box 28790, Remuera, Auckland 1541
Phone +64 9 520 7682 Fax +64 9 520 7688

GIRLS' SCHOOL

For Girls in Years 1-8
514 Remuera Road, Remuera 1050
PO Box 28399, Remuera, Auckland 1541
Phone +64 9 520 1400 Fax +64 9 524 7657

PRESCHOOL

For Boys and Girls aged 3 and 4
514 Remuera Road, Remuera 1050
PO Box 28399, Remuera, Auckland 1541
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