



SAINT KENTIGERN

July 2020

Dear Parents and Caregivers

Sexuality Education for Year 10 students

In Term 3 & 4, your child will commence the Sexuality Education unit in their Health lessons. Timing of this scheme of learning depends on when your child's class is participating in the Functional Movement Patterns unit. Sexuality Education is part of the New Zealand Physical Education and Health National Curriculum. In keeping with the Education Amendment Act (1985) we wish to provide parents with the following information and the opportunity to withdraw your child from the programme if you so choose.

What does the programme cover?

Firstly, the term 'sexuality', for our purposes, refers to anything that impacts upon the child because of their gender and their sexual development. Continuing from the Year 9 curriculum on puberty and positive relationships, the Year 10 programme focuses on the knowledge and skills to make positive and healthy lifestyle choices. Discussions may also revolve around different types of sexuality depending on the class interest.

What are the purposes and objectives of the programme?

The main purpose is to provide students with knowledge to help them deal with issues that may confront them as they move through life.

- a) To expand the students' understanding of the biological workings of their bodies.
- b) To develop skills that will empower them to make appropriate decisions and value judgements about their lives with regard to sexuality issues.
- c) To delay the onset of sexual activity.
- d) To promote the idea that when they choose to become sexually active, it is a well-informed decision, with appropriate precautions for emotional and physical wellbeing.
- e) To take a critical look at the messages being given to young people, particularly via the media, especially those that are misleading and potentially damaging.
- f) To explore the concept of consent, and how to effectively respond to sexual pressure.

There are additional details available on the Health Curriculum OLE pages.

If you do not wish your child to take part in these lessons, you have the right to withdraw him/her by emailing Mr Ieti Fetalaiga, Head of Middle School Physical Education and Health by Friday 24 July. We will arrange for them to do study in the Goodfellow Centre during their timetabled Health lesson.

If you have any further questions regarding the programme, please email Ieti Fetalaiga on: ieti.fetalaiga@saintkentigern.com.

Yours sincerely

Paul Bennett
**HEAD OF DEPARTMENT
PHYSICAL EDUCATION & HEALTH**

Pat Baird
DEPUTY PRINCIPAL - CURRICULUM

COLLEGE

For Boys and Girls in Years 7-13
130 Pakuranga Road, Pakuranga 2010
PO Box 51060, Pakuranga, Auckland 2140
Phone +64 9 577 0749 Fax +64 9 577 0700

BOYS' SCHOOL

For Boys in Years 1-8
82 Shore Road, Remuera 1050
PO Box 28790, Remuera, Auckland 1541
Phone +64 9 520 7682 Fax +64 9 520 7688

GIRLS' SCHOOL

For Girls in Years 1-8
514 Remuera Road, Remuera 1050
PO Box 28399, Remuera, Auckland 1541
Phone +64 9 520 1400 Fax +64 9 524 7657

PRESCHOOL

For Boys and Girls aged 3 and 4
514 Remuera Road, Remuera 1050
PO Box 28399, Remuera, Auckland 1541
Phone +64 9 520 8814 Fax +64 9 524 7657