



SAINT KENTIGERN

Elite Sports Coaching Programme 2019

TENNIS TIMETABLE

The Elite Tennis programmes will run every week from the start of Term 1 until end of Term 4.

Note – these exact times are provisional and may be adjusted according to the time of year, and weather conditions etc.

Monday 2 00 - 5 00pm

Tuesday 2 00 – 3 30pm

Wednesday 2 00 – 5 00pm

Thursday 7 00 – 8 30am & 2 00 - 3 30pm

Friday 2 00 – 5 00pm

The 'Elite Tennis' programme students would miss Periods 5 & 6 each week day.

However, whenever there is requirement for them to attend a class (either pre-assessment, or for an actual internal assessment) they will not attend training, as has been the current practice in recent years.

The students would have their fitness sessions Tuesday and Thursday afternoons after school.