

College and Trust Services Wellbeing Working Groups are delighted to partner with MIT to offer the opportunity for:



MIT has offered a partnership with Saint Kentigern to conduct Wellness Clinics for our staff.

This provides their Bachelor of Nursing students with an opportunity to practice their therapeutic communication and nursing assessment skills while also offering our staff the opportunity for a **FREE Health Check**.

This is a fantastic opportunity for you all and gives us as an education provider the opportunity to support the learning and training of nurses doing their BN studies.

Bookings to be made through this portal:

[Health Check Booking Online](#)

Everyone will have an opportunity to book a timeslot – no one will miss out – bookings will be conducted as follows:

- ➔ Monday 18th Sept – bookings open for TEACHING STAFF (having least flexibility in your timetables, it is important you get your timeslot booked in promptly)
- ➔ Wednesday 20th Sept – bookings open to all others Non-Teaching/Admin staff
- ➔ Any booking spaces remaining open from Friday 22nd Sept will be made available to Year 12/13 students

Dates: Term 4

Wednesday 11 & Thursday 12 October

9am – 3.40pm

Venue: Elliot Hall

Wednesday 18 & Thursday 19 October

9am – 3.40pm

Venue: Sports Centre Lounge



PRIVACY NOTES:

Note:

1. All health checks are conducted in an environment which ensures client privacy, and strict infection prevention and control practices are followed to ensure client safety.
2. Each health check takes around 15-20 minutes, and clients can opt out of any assessments they do not wish to participate in.
3. All assessment data is given back to each client at the conclusion of the assessment and no copies are kept by MIT staff/students.